

# SERMON NOTES

**Overflow - Week 5**  
**Crushing Fear**

**February 16-17, 2019**

1. Jesus faced crushing \_\_\_\_\_.

“My soul is crushed with grief to the point of death...” (Matthew 26:38 NLT)

2. Jesus crushed his fear with \_\_\_\_\_.

Then Jesus went with them to the olive grove called Gethsemane, and he said, “Sit here while I go over there to pray.” (Matthew 26:36 NLT)

3. Jesus crushed our fear with perfect \_\_\_\_\_ at the cross.

Such love has no fear, because perfect love expels all fear. If we are afraid, it is for fear of punishment, and this shows that we have not fully experienced his perfect love. (1 John 4:18 NLT)

**Live the Overflow:** Ask someone to identify an area of fear in your life.