

— weekly —  
**STUDY  
GUIDE**

## 100 HAPPY PEOPLE

### WEEK 2 // *Encourage one another*

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## *Introduction*

Welcome to week two of the 100 Happy People study. We live in a very self-centered, materialistic culture where everything revolves around acquiring bigger and better ‘things’ for ourselves. In contrast, the kingdom of God looks vastly different... completely opposite, in fact! Kingdom-focused people seek to build up and encourage the people around them. If we plan to make 100 people happy over the next 40 days, we need to think of others more, and ourselves a little less.

In this guide you will find questions for your own personal study along with questions to discuss at a Bible study, neighborhood gathering, or at the dinner table with family and friends. Enjoy!

## *Personal Study*

### **READ**

Read John 15:12-13 and consider the questions below.

### **CONSIDER**

- If we're honest, sometimes our happiness needs to take a backseat to someone else's. In what ways could you prepare yourself to make someone else happy, even at your own expense?
  
  
  
  
  
  
  
  
  
  
- In what diverse ways have you witnessed someone else laying down their life for you? What difference did their action make in your life? In what way were you encouraged?



# Group Study

## ICE BREAKER

Discuss this question as a group. What brought you some unexpected happiness this week?

Previously we learned two key truths:

- Jesus made people happy.
- We have what it takes to make people happy.

## DISCUSS

- What new insights or questions about happiness came to your mind over the last week?
- In what ways did you attempt to bring happiness to the people in your life? How did they respond? What worked? What did not? What did you learn from your effort to make others happy?

## READ

Read Hebrews 12:1-3 and discuss the questions below:

## DISCUSS

- The author of Hebrews encourages us to not grow weary or lose heart. How does being in community safeguard against weariness? Does it encourage you to know that you are not the only one seeking to make 100 people happy? If so, how?
- How can we encourage each other over the next 40 days?
- Is there anything our group can do together (i.e. serving together with a non-profit organization) in order to make other people in our city happy?

## READ

Read Acts 2:42-47 and discuss the questions below:

## DISCUSS

- What could our group do to look a little more like the early church community? What values or habits would we like to emulate?
- What could we do together to bring the love of Christ to our community?

## PRAY

Ask God for strength and wisdom as you seek to bring happiness to your community. Invite him to work in and through your group over the next 40 days. Submit yourselves to him and allow him to radiate love and joy through your life.