

— *weekly* —
**STUDY
GUIDE**

100 HAPPY PEOPLE

WEEK 6 // *Serve One Another*

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Introduction

Welcome to week six of the 100 Happy People study. We know we are called to value others above ourselves, but what does this look like in practice? Serving a neighbor, co-worker, or friend is a visible sign that we value them. We treasure our time. So, how we spend our time indicates what is important to us.

In this guide you will find questions for your own personal study along with questions to discuss at a Bible study, neighborhood gathering, or at the dinner table with family and friends. Enjoy!

Personal Study

READ

Read 1 Peter 4:8-11 and consider the questions below.

CONSIDER

1. Which example of service from this passage will you put into practice this week? When? For whom?

2. Acts of love have a way of healing old wounds. In what ways, have you witnessed love covering a multitude of sins?

Group Study

ICE BREAKER

Discuss this question as a group. Describe a time when you received incredible customer service? What made it stand out from other experiences?

Previously we learned two key truths:

1. We are to humbly value others above ourselves.
2. This is easier said than done.

Discuss the questions below with your group:

- What new insights or questions about happiness came to your mind over the last week?
- In what ways did you attempt to bring happiness to the people in your life? How did they respond? What worked? What did not?

READ

Read Galatians 6:1-5 and discuss the questions below:

DISCUSS

1. Hard times come upon nearly everyone. Sometimes it is a lost job, a strained relationship, a foreclosure or a prison sentence. Occasionally we are victims of hardship and other times we bring it upon ourselves. As a group, make list of practical ways to serve someone who is facing a hardship.
2. One of the great things about the Christian walk is that we are never alone. The church is a community where we support each other. What are some ways that this group could “bear each other’s burdens?”
3. Paul’s humbling words in verses 3-5 remind us that we are a product of the people who have invested in us. In other words, how many of us got to where we are purely of our own doing? As a group, discuss the different ways people shaped and molded you through humble service.

READ

Read John 13:1-14 and discuss the questions below:

DISCUSS

1. The house-servants at a dinner in biblical times were on the bottom of the social totem pole. They were given the disgusting task of washing the dirty feet of the desert-walking dinner guests. Feet-washing was a degrading and dishonoring task that was beneath the common person. In our society what would be its equivalent?
2. Who does the jobs in your life that you would hate to do? (Trash collector, accountant, schoolteacher, etc.) How can you lighten their load and express your gratitude to them this week?
3. Discuss ways to serve one another, help people in our community, or partner with a local non-profit.

PRAY

Pray that God would help us to better serve each other, not only in physical action, but in guidance and pursuit of him. Pray for anyone in the group that is carrying a heavy burden. Thank God for the people he’s placed in our lives who have walked with us and served us. Pray that our eyes would be opened to any opportunity to serve people around us.