



Milestone #3: How Do I Grow?

Lesson 5 – Romans 6:1 – 7:25

Please read the scripture and watch the video first. Then use the questions below to begin your discussion of the message in your group.

Summary:

Jesus Christ died so we could be dead to sin; he was raised from the dead to give us new life – our baptism signifies this reality. God’s grace frees us from our sinful nature. Though we struggle with sin, we are no longer slaves to sin but instead are slaves to righteousness.

Definitions:

- **Sinful Nature** – life dominated by sin, separated from God.
- **Baptism** – immersion in water that signifies our death to sin and being raised to walk a new life; our obedient response to the gift we freely received through faith in Christ. (For more information, see “The Demonstration of Devotion” at oakhillchurch.com).
- **Adam** – the first man; the one through whom sin entered the world. Read Genesis chapter 3.

Ice Breaker Question:

- What is one thing you’d like to change about yourself?

Discussion Questions:

- When you plant a seed in the ground what do expect to happen? Does that seed work its way to the light or does something else emerge?
- What makes it possible for a person to live a new life?
- Who or what determines the things that dominate or control a person?
- When we become slaves of righteousness instead of slaves to sin, the things that are repulsive to God become repulsive to us. How have you seen this happen?
- What is the habit that has been most difficult for you to break? How can God help a person discard a sinful habit?